

## Covid awareness held for students

By Our Staff Reporter

About 300 students including those from Chelammal Vidyalaya (Madipakkam) participated in a workshop on covid awareness for children as part of holistic wellness recently.

A talk on 'Covid care - prevention and symptoms control, Importance of psychological intervention for Covid, Handling immunocompromised children, Holistic wellbeing" was held.

Medical experts such as Dr Binu Ninan (pediatrics & neonatology), Dr Venkateshwaran (pediatrics & psychiatrist from MGM Hospital), Dr Mathangi (lifestyle and wellness coach-Aura), Dr Ponni



Sivaprakasam (pediatric oncologist from Global Hospital) along with Golden Butterflies and RMD Hospital and Through virtual mode, Covid awareness

was held to var school students of Jhar Vidyalaya Sc (Ashok Nagar), Sara School (Tambar Pondy Presidency Higher Secondary School Cuddalore, St Joseph School and College, Cuddalore Xavier School Government Girls Higher Secondary School from Ashok Nagar, school and also Spa Arogyanilayam.

The doctors clarified various doubts raised by the participants during the event.

Schools, corporates and doctors who wish to have such wellness programmes, can contact Aura Holistic Wellness Centre at 044 4863 63828 75710.