

# MAMBALAM TIMES

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FREE

## Awareness program on Covid conducted

*By Our Staff Reporter*

Aura Holistic Wellness Center (40 Feet Scheme Road, Nungambakkam, near North Usman Road, T.Nagar) conducted an online workshop on Covid awareness for children on July 31.

Experts spoke on Covid care-Prevention and symptoms control, Importance of psychological intervention for Covid, Handling immunocompromised children and Holistic wellbeing.

The speakers included Dr. Binu Ninan (Pediatrics & Neonatology), Dr. Venkateshwaran (Pediatric Psychia-



trist from MGM Hospital), Dr. Mathangi (Lifestyle and wellness coach-Aura) and Dr. Ponni Sivaprakasam (Pediatric Oncologist from Global Hospital). Students of Jawahar Vidhyalya School (Ashok Nagar), Sankara School (Tambaram), Pandy Presidency Higher Secondary School, Cuddalore, St. Joseph School and College, Cuddalore Xavier School, Chellamal Vidhyalya School and Government Girls Higher Secondary School (Ashok Nagar) were among the 300 participants. The doctors clarified various doubts. Schools, corporates and doctors who wish to conduct such wellness programs may contact Aura Holistic Wellness Centre in 044 4863 8555; 63828 75710.